

29. Winterlaufserie TSV Ippinghausen Endergebnis 15 km

Ergebnisliste AK

AKPI	Name	Jahrg.	m/w	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Gesamt
3 x 15km									
w									
Frauen									
1.	Janina Rhode	1993	w	KSV Baunatal		01:06:59	01:05:28	01:07:53	03:20:22
2.	Annika Hartmann	1996	w	VfL Bad Arolsen	(01:13:32)	01:09:11	01:08:41	01:08:05	03:25:57
3.	Patricia Maar	2001	w	Laufteam-Kassel	01:15:06	01:12:48		01:18:12	03:46:07
4.	Mareike Schaake	1999	w	TSV Niederelsungen	01:21:35		01:23:37	01:15:01	04:00:14
Seniorinnen W30									
1.	Miriam Krüger	1985	w	LG Vellmar	01:16:19	01:10:18	01:09:52	()	03:36:30
Seniorinnen W40									
1.	Johanna Alpermann	1975	w	LG Kaufungen	01:19:40	01:19:59	01:23:39	()	04:03:18
2.	Silke Stief	1974	w	LSG Kassel	01:20:42	01:24:13	01:22:20	(01:25:42)	04:07:16
3.	Melanie Schulte	1979	w	TSV Niederelsungen	01:28:40		01:32:47	01:28:41	04:30:09
4.	Cheyenne Kryszohn	1977	w	Team beVegt	01:26:08		01:34:58	01:33:09	04:34:16
Seniorinnen W50									
1.	Jutta Goepfert	1972	w	LSG Kassel		01:10:08	01:10:31	01:10:00	03:30:39
2.	Nicole Ramus	1971	w	TSV 1889 Geismar	01:15:03	01:13:45	01:14:56	()	03:43:45
3.	Elisabeth Kramarczyk	1969	w	TSV Niederelsungen	01:16:40	01:15:02	01:17:08	(01:17:09)	03:48:51
4.	Silke Kranz	1964	w	TSV Niederelsungen	01:20:33	01:17:56	01:18:27	()	03:56:57
5.	Heike Kabella	1967	w	FTSV Heckershausen	01:31:51	01:33:01		01:42:51	04:47:44
6.	Mechthild Koch	1970	w	Warburger SV	01:40:08		01:44:08	01:44:30	05:08:48
m									
Männer									
1.	Robin Schmidt	1994	m	TSV Niederelsungen	00:55:23	00:55:55	00:55:28	(00:56:43)	02:46:47
2.	Lukas Weber	1997	m	Trianhas VfL Bad Arolsen	01:00:41	01:00:53	01:01:05	(01:01:45)	03:02:40
3.	Etienne van Leeuwen	1999	m	-	(01:10:23)	01:08:12	01:08:47	01:06:34	03:23:35
4.	Tobias Jordan	1999	m	TSV Niederelsungen	01:07:29	01:08:26		01:11:38	03:27:33

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Senioren M30									
1.	Relin Mehrhoff	1989	m	Trianhas VfL Bad Arolsen	00:54:06	00:53:32	00:53:56	()	02:41:36
2.	Martin Herbold	1987	m	Tuspo 1896 Borken	00:57:32	00:56:46		00:58:57	02:53:16
3.	Matthias Ridder	1985	m	Warburger SV	01:06:57	01:05:16	01:07:04	()	03:19:18
4.	Raphael Schlehahn	1991	m	SV Blau-Weiß 1983 Werbeta e. V.	01:08:34	01:05:32		01:07:06	03:21:13
5.	Sebastian Heck	1989	m	Triathlon Waldeck	01:12:13		01:12:09	01:13:28	03:37:50
6.	Sven Leitzbach	1990	m	TSVKORBACH	01:26:48	01:30:15	01:27:54	(01:31:22)	04:24:58
Senioren M40									
1.	Jörg Meder	1975	m	LG Reinhardswald	01:03:21		01:03:26	01:03:57	03:10:44
2.	Jawad Belfqih	1982	m	Trianhas VfL Bad Arolsen	01:04:24	01:02:55	01:05:14	(01:10:36)	03:12:34
3.	Heiner Jatho	1974	m	KSV Baunatal	01:04:51	01:05:00	01:06:40	()	03:16:32
4.	Mirco Otto	1981	m	SC Neukirchen	01:05:58	01:05:17	01:06:07	()	03:17:23
5.	Stefan Ackerbauer	1982	m	LG Reinhardswald	01:05:49		01:07:02	01:06:08	03:19:00
6.	Johannes Güthoff	1973	m	TSV Breuna	01:13:28	01:08:49	01:07:41	()	03:29:59
7.	Marco Fischer	1980	m	LG Reinhardswald	01:13:29		01:09:43	01:08:28	03:31:40
8.	Florian Schwabe	1975	m	Laufteam Wolfhagen	01:11:01		01:11:23	01:12:16	03:34:40
9.	Michael Koeniger	1981	m	Homberg Ren(n)tiere	01:13:47	01:14:32	(01:16:11)	01:06:27	03:34:46
10.	Stephan Bremmer	1974	m	TSV Sachsenhausen		01:15:09	01:18:21	01:17:09	03:50:40
11.	Thorben Weichgrebe	1977	m	SV Osterbach	01:19:51	01:21:48	(01:23:20)	01:19:39	04:01:20
Senioren M50									
1.	Michael Fiess	1966	m	LG Reinhardswald	01:04:18		01:03:48	01:03:22	03:11:29
2.	Jörg Deichmann	1966	m	TSV Niederelsungen	(01:06:17)	01:04:09	01:04:02	01:05:04	03:13:16
3.	Roland Schröder	1969	m	KSV Baunatal	(01:08:05)	01:05:40	01:06:13	01:05:45	03:17:39
4.	Christian Stief	1971	m	LSG Kassel	01:07:47	01:08:00	(01:10:56)	01:08:20	03:24:08
5.	Jürgen Müller	1963	m	Laufteam Kassel e.V.	01:11:16		01:10:30	01:08:20	03:30:07
6.	Gerhard Kupjetz	1963	m	TSV Goddelsheim	01:10:13	01:11:21	01:12:09	()	03:33:44
7.	Frank Hermenau	1965	m	LSG Kassel	01:11:58	01:13:40	01:13:01	(01:17:26)	03:38:40
8.	Claus Peter	1967	m	Team Erdinger Alkoholfrei	01:13:48	01:14:33	01:16:12	()	03:44:33
9.	Olaf Grimm	1963	m	Tuspo Borken	01:18:38	01:18:47		01:21:09	03:58:35
10.	Dirk Götte	1970	m	KSV Baunatal	01:22:18	01:23:13	01:23:29	()	04:09:01
11.	Karsten Mueller	1968	m	TSV Niederelsungen	01:21:14	01:23:25	01:28:16	()	04:12:56

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12.	Markus Klöpfel	1969	m	Homberg Ren(n)tiere	01:33:20	01:31:30	01:33:02	()	04:37:53

Senioren M60

1.	Karl-Peter Schröder	1959	m	LG Kaufungen	01:06:38	01:08:06	01:06:41	()	03:21:26
2.	Thomas Lindner	1962	m	LG Reinhardswald	01:08:45	01:10:28	01:11:18	()	03:30:32
3.	Bernhard Coressel	1962	m	Lokomotive Bergpark	01:13:49	01:12:48	01:14:23	(01:14:35)	03:41:01
4.	Thomas Hütter	1962	m	LT Hofgeismar	01:20:14	01:19:27	(01:21:10)	01:17:56	03:57:37
5.	Martin Modes	1962	m	MT Melsungen	01:43:57		01:44:26	01:55:48	05:24:12

Senioren M65

1.	Bernd Mehring	1956	m	SV Blau-Weiß Dodenhausen	01:12:25	01:11:01	01:12:59	()	03:36:26
2.	Wolfgang Betzin	1955	m	Laufteam-Kassel	01:13:36	01:13:13	01:19:44	()	03:46:34
3.	Günter Kistner	1956	m	TSV 1889 Geismar	01:18:15	01:19:39	(01:29:06)	01:23:21	04:01:16
4.	Peter Spiekermann	1954	m	FTSV Heckershausen	01:31:53	01:33:18		01:25:50	04:31:02
5.	Horst Wolff	1953	m	TSV Breuna	01:31:14	01:30:40		01:33:35	04:35:30

Anzahl Teilnehmer: 58