

## 28. Winterlaufserie TSV Ippinghausen Endergebnis 15 km

### Ergebnisliste AK

AKPI	Name	Jahrg.	m/w	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Gesamt
<b>3 x 15km</b>									
<b>w</b>									
<b>Frauen</b>									
1.	Mareike Schaake	1999	w	TSV Niederelsungen	(01:23:16)	01:20:32	01:21:58	()	<b>02:42:31</b>
<b>Seniorinnen W30</b>									
1.	Verena Henze	1983	w	Warburger SV		01:08:35	01:09:24		<b>02:17:59</b>
<b>Seniorinnen W40</b>									
1.	Angela Rohr	1973	w	Laufteam Kassel	01:12:19	01:12:07		()	<b>02:24:27</b>
2.	Martina Rinteln	1976	w	Warburger SV	(01:19:09)	01:17:08	01:18:36	()	<b>02:35:44</b>
3.	Silke Stief	1974	w	LSG Kassel	(01:19:33)	01:18:06	01:17:48	()	<b>02:35:55</b>
4.	Inka Fuchs	1977	w	Laufteam Wolfhagen	(01:46:25)	01:45:26	01:40:02	()	<b>03:25:28</b>
<b>Seniorinnen W50</b>									
1.	Nicole Ramus	1971	w	TSV 1889 Geismar	01:17:25	01:16:05	(01:24:58)	()	<b>02:33:31</b>
2.	Silke Kranz	1964	w	TSV Niederelsungen	(01:19:36)	01:19:18	01:17:37	()	<b>02:36:56</b>
3.	Elisabeth Kramarczyk	1969	w	TSV Niederelsungen	01:22:11		01:20:32	()	<b>02:42:44</b>
4.	Nicole Hobein	1971	w	TV Hessisch Lichtenau	(01:25:33)	01:23:01	01:22:34	()	<b>02:45:36</b>
5.	Evelyn Verch	1971	w	WVC Kassel Triathlon	(01:24:55)	01:23:40	01:22:41	()	<b>02:46:21</b>
6.	Britta Roof	1964	w	TSV Niederelsungen	01:31:16	01:29:37		()	<b>03:00:53</b>
7.	Sabine Schaub	1963	w	Kasselfornia Storm Runners	01:30:09	01:31:21	(01:32:17)	()	<b>03:01:30</b>
8.	Mechthild Koch	1970	w	Warburger SV	01:35:06	01:34:00	(01:35:44)	()	<b>03:09:06</b>
9.	Martina Schaake	1969	w	Laufteam Wolfhagen	01:37:02		01:35:11	(01:37:11)	<b>03:12:13</b>
10.	Silke Franke	1966	w	Laufteam Wolfhagen		01:46:45	01:40:02		<b>03:26:47</b>
<b>Seniorinnen W60</b>									
1.	Ulrike Matejka	1958	w	TSV Obervorschütz	01:24:06	(01:24:39)	01:23:10	()	<b>02:47:16</b>
2.	Eva Lassak	1959	w	KSV Baunatal Marathon	01:30:12		01:32:24	()	<b>03:02:36</b>
<b>weibliche Jugend U 20</b>									
1.	Pauline Feußner	2002	w	SV Halle triathlon		01:07:48	01:06:25		<b>02:14:14</b>

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<b>m</b>									
<b>Männer</b>									
1.	Dario Ernst	1998	m	KSV Baunatal	00:53:25		00:51:32	()	<b>01:44:57</b>
2.	Tim Rose	1997	m	Warburger Sportverein	00:55:07	00:54:17		()	<b>01:49:24</b>
3.	Robin Schmidt	1994	m	TSV Niederelsungen		00:58:27	00:59:52		<b>01:58:20</b>
4.	Tobias Jordan	1999	m	TSV Niederelsungen		01:07:53	01:12:44		<b>02:20:38</b>
5.	Sascha Abel	1992	m	Wolfhagen		01:14:05	01:15:11		<b>02:29:16</b>
<b>Senioren M30</b>									
1.	Relin Mehrhoff	1989	m	Trianhas VfL Bad Arolsen	(00:54:16)	00:53:05	00:52:37	()	<b>01:45:42</b>
2.	Tom Ring	1988	m	Laufteam Kassel	00:53:47		00:54:33	()	<b>01:48:20</b>
3.	Martin Herbold	1987	m	Tuspo 1896 Borken		00:58:04	00:57:07		<b>01:55:11</b>
4.	Kevin Trebing-Hild	1987	m	KSV Baunatal	(01:00:38)	00:58:35	00:59:18	()	<b>01:57:54</b>
5.	David Werner	1988	m	Laufteam Kassel	00:59:41	01:01:47	(01:02:34)	()	<b>02:01:28</b>
6.	Matthias Ridder	1985	m	Warburger SV		01:06:12	01:05:27		<b>02:11:39</b>
7.	Marc Eckhardt	1988	m	TuS Fritzlar	01:08:30	01:08:02		()	<b>02:16:33</b>
8.	Sebastian Heck	1989	m	Triathlon Waldeck	01:14:26	01:14:11	(01:15:02)	()	<b>02:28:37</b>
<b>Senioren M40</b>									
1.	Felix Kaiser	1976	m	TSV Niederelsungen	(00:54:07)	00:54:05	00:54:01	()	<b>01:48:06</b>
2.	Michael Koeniger	1981	m	Homberg Ren(n)tiere	(01:03:18)	01:03:01	01:02:19	()	<b>02:05:21</b>
3.	Karl-Uwe Schaub	1975	m	TSV Niederelsungen	01:03:58	01:02:50	(01:04:53)	()	<b>02:06:48</b>
4.	Jörg Meder	1975	m	LG Reinhardswald	01:04:19	01:04:58		()	<b>02:09:18</b>
5.	Björn Wichart	1972	m	Laufteam Kassel	(01:06:01)	01:05:54	01:05:13	()	<b>02:11:08</b>
6.	Veit Lattermann	1976	m	TSV Urfftal 08	(01:13:10)	01:12:06	01:10:57	()	<b>02:23:04</b>
7.	Guido Wagner	1979	m	KSV Baunatal Marathon	01:12:14	01:11:03		()	<b>02:23:18</b>
8.	Frank Hansmann	1972	m	Warburger SV	01:15:17	01:09:42	(01:15:18)	()	<b>02:24:59</b>
9.	Gerrit Krug	1977	m	Tri-Team Fuldata	(01:13:44)	01:12:30	01:13:05	()	<b>02:25:36</b>
10.	Markus Thonemann	1975	m	Warburger SV	01:15:18	(01:19:48)	01:15:17	()	<b>02:30:35</b>
11.	Alexander Feußner	1973	m	LSG Ostrau		01:13:33	01:17:11		<b>02:30:45</b>
12.	Karsten Leddeehose	1972	m	TSV- Deute	01:17:12		01:16:49	()	<b>02:34:01</b>
13.	Thorsten Kriegelstein	1976	m	TV Hessisch Lichtenau	(01:20:40)	01:17:29	01:17:18	()	<b>02:34:48</b>

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14.	Thorben Weichgrebe	1977	m	LC Marathon Rotenburg	(01:20:44)	01:17:17	01:19:30	()	<b>02:36:48</b>
15.	Christian Bachmann	1980	m	Kassel	01:20:40	01:24:02	(01:24:54)	()	<b>02:44:42</b>
16.	Richard Hartinger	1973	m	Warburger SV		01:25:44	01:19:01		<b>02:44:45</b>

### Senioren M50

1.	Torsten Bannier	1964	m	TUS Fritzlar	01:00:33	01:02:32	(01:02:32)	()	<b>02:03:05</b>
2.	Michael Fiess	1966	m	LG Reinhardswald	(01:05:06)	01:03:28	01:01:40	()	<b>02:05:08</b>
3.	Jörg Deichmann	1966	m	TSV Dörnberg	(01:04:33)	01:03:38	01:01:47	()	<b>02:05:26</b>
4.	Roland Schröder	1969	m	KSV Baunatal	01:02:42	01:04:12		()	<b>02:06:55</b>
5.	Christian Stief	1971	m	LSG Kassel	(01:08:28)	01:08:27	01:07:41	()	<b>02:16:09</b>
6.	Torsten Krey	1971	m	LSG Kassel	01:08:41		01:07:59	()	<b>02:16:40</b>
7.	Mario Lopez Wismer	1964	m	KSV Baunatal	01:07:45	01:09:06	(01:11:30)	()	<b>02:16:51</b>
8.	Bernd Schneider	1966	m	TSV Niederelsungen	01:09:19	01:09:14	(01:09:34)	()	<b>02:18:33</b>
9.	Frank Schulze	1964	m	LSG Kassel	01:09:14	01:09:44	(01:09:45)	()	<b>02:18:59</b>
10.	Gerhard Kupjetz	1963	m	TSV Goddelsheim		01:10:38	01:10:51		<b>02:21:30</b>
11.	Frank Hermenau	1965	m	LSG Kassel	(01:15:10)	01:12:17	01:11:52	()	<b>02:24:10</b>
12.	Jochen Maurer	1963	m	FTSV Heckershausen		01:13:05	01:11:53		<b>02:24:59</b>
13.	Thomas Hensel	1964	m	TSV Bründersen	(01:14:39)	01:14:19	01:12:45	()	<b>02:27:04</b>
14.	Uwe Alheid	1969	m	Tsv ippinghausen		01:14:19	01:12:45		<b>02:27:05</b>
15.	Claus Peter	1967	m	Team Erdinger Alkoholfrei	01:14:54		01:12:29	()	<b>02:27:24</b>
16.	Mark Gümpel	1971	m	Trianhas VfL Bad Arolsen		01:13:58	01:13:44		<b>02:27:42</b>
17.	Mark Breiding	1964	m	Homberg Ren(n)tiere	01:20:45	01:20:06	(01:24:32)	()	<b>02:40:52</b>
18.	Jan Kleeb	1971	m	TSV Netze	(01:21:57)	01:20:13	01:21:09	()	<b>02:41:23</b>
19.	Norbert Heinicke	1962	m	Laufteam Wolfhagen	01:23:34	(01:25:07)	01:23:48	()	<b>02:47:23</b>
20.	Alexander Hutse	1969	m	TV08 Bergheim	(01:36:29)	01:36:01	01:33:08	()	<b>03:09:09</b>
21.	Peter Grunwald	1964	m	LG Kaufungen	01:33:48	01:35:24	(01:36:20)	()	<b>03:09:12</b>
22.	Alwin Weinrich	1969	m	Ohne	01:33:48		01:36:21	()	<b>03:10:10</b>
23.	Martin Modes	1962	m	MT Melsungen	01:45:48	01:46:30	(01:47:46)	()	<b>03:32:18</b>

### Senioren M60

1.	Gerd Kühlewind	1960	m	KSV Baunatal Marathon	(01:26:35)	01:24:30	01:26:31	()	<b>02:51:01</b>
2.	Uwi Schaub	1960	m	Kasselfornia Storm Runners	01:32:17	(01:37:47)	01:32:45	()	<b>03:05:03</b>
3.	Ralf Zimmermann	1961	m	Laufteam Kassel	01:42:12	01:41:14		()	<b>03:23:26</b>

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<b>Senioren M65</b>									
1.	Esmaeil Kiani	1955	m	WVC		01:17:09	01:17:33		<b>02:34:43</b>
2.	Manfred Kurte	1954	m	TV 08 Bergheim		01:32:04	01:33:24		<b>03:05:29</b>
<b>Senioren M70</b>									
1.	Hermann-Josef Scholz	1949	m	Warburger SV		01:40:52	01:46:14		<b>03:27:07</b>

Anzahl Teilnehmer: 77