

## 26. Winterlaufserie TSV Ippinghausen Endergebnis 15 km

### Ergebnisliste AK

AKPI	Name	Jahrg.	m/w	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Gesamt
<b>3 x 15km</b>									
<b>w</b>									
<b>Frauen</b>									
1.	Christina Mittelbach	1989	w	PSV Grün-Weiß Kassel	01:08:24	01:08:37	01:07:57	()	<b>03:24:58</b>
2.	Theresa Koch	1993	w	Tuspo Borken		01:10:23	01:09:04	01:08:22	<b>03:27:50</b>
3.	Lena Homberger	1989	w	TG Wehlheiden	(01:22:12)	01:20:54	01:20:11	01:19:19	<b>04:00:24</b>
4.	Lena Dumeier	1994	w	SG 1898 Chattengau	01:25:44	01:22:17		01:30:27	<b>04:18:30</b>
5.	Carolin Reckert	1992	w	Feuerwehr Bründersen	01:21:47	01:27:50	01:29:19	()	<b>04:18:57</b>
<b>Seniorinnen W30</b>									
1.	Sarah Hofmann	1983	w		(01:29:55)	01:17:59	01:16:05	01:18:45	<b>03:52:50</b>
<b>Seniorinnen W40</b>									
1.	Julia Arnold	1972	w	TSV Niederelsungen	01:08:34	01:11:13		01:12:48	<b>03:32:37</b>
2.	Petra Hellwig	1969	w	LT Bad Aroslen	01:14:15	01:14:16	01:13:07	()	<b>03:41:39</b>
3.	Manuela Schmoll	1969	w	SG 1898 Chattengau		01:21:13	01:18:53	01:18:47	<b>03:58:54</b>
4.	Sabine Lehmann	1969	w		(01:22:34)	01:20:12	01:20:36	01:18:33	<b>03:59:23</b>
5.	Elisabeth Kramarczyk	1969	w	TSV Niederelsungen	01:18:42	01:19:08		01:22:05	<b>03:59:56</b>
6.	Silke Stief	1974	w	TG Wehlheiden		01:25:05	01:27:37	01:24:20	<b>04:17:03</b>
7.	Anja Dumeier	1969	w	SG 1898 Chattengau	01:26:44	01:26:16	01:26:48	()	<b>04:19:49</b>
8.	Alicia Torres	1974	w	TV08 Bergheim	01:27:34	(01:29:37)	01:29:33	01:27:50	<b>04:24:58</b>
9.	Iris Seumer	1978	w	TSV Ippinghausen	01:29:44	01:28:52	(01:32:03)	01:26:33	<b>04:25:10</b>
10.	Melanie Knauf	1973	w	TSV Ippinghausen	01:29:43	01:28:51	(01:32:02)	01:26:35	<b>04:25:10</b>
11.	Mechthild Koch	1970	w	Warburger SV	01:32:46	01:35:59		01:33:39	<b>04:42:26</b>
<b>Seniorinnen W50</b>									
1.	Barbara Böhm	1967	w	Laufteam Wolfhagen	01:11:52		01:14:18	01:13:22	<b>03:39:32</b>
2.	Ewa Szczebiewski	1963	w	PSV Grün-Weiß Kassel	01:11:43		01:13:46	01:14:08	<b>03:39:37</b>
3.	Silke Kranz	1964	w	TSV Niederelsungen	01:14:41	01:14:53	01:15:39	(01:22:51)	<b>03:45:15</b>
4.	Petra Kaiser	1965	w	Run for Fun		01:58:38	01:58:41	01:54:46	<b>05:52:05</b>

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AKPI	Name	Jahrg.	m/w	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Gesamt
<b>weibliche Jugend U 20</b>									
1.	Marie Gautier	1999	w	TSV Niederelsungen	01:17:09	01:20:27	01:17:49	()	<b>03:55:25</b>
2.	Marie Schwarz	2000	w	TSV Niederelsungen	01:17:08	01:20:28	01:17:49	()	<b>03:55:25</b>
3.	Mareike Schaake	1999	w	TSV Niederelsungen	01:17:08	01:20:27	01:17:50	()	<b>03:55:25</b>
<b>m</b>									
<b>Männer</b>									
1.	Florian Engel	1992	m	LG Vellmar	00:59:34	01:05:49	00:58:45	()	<b>03:04:08</b>
2.	Jonas Godduhn	1993	m	TSV Obervorschütz	01:07:02	01:07:09	01:06:17	()	<b>03:20:29</b>
3.	Sebastian Heck	1989	m	TV 08 Bergheim	01:14:57	(01:16:42)	01:13:05	01:11:20	<b>03:39:23</b>
4.	Manuel Weide	1991	m	Feuerwehr Bründersen	01:17:09	01:12:26	01:12:19	()	<b>03:41:55</b>
<b>Senioren M30</b>									
1.	Jens Schumann	1986	m	Triathlon Waldeck	00:56:31	00:59:01		00:56:44	<b>02:52:17</b>
2.	Mirco Otto	1981	m	SC Neukirchen	01:03:59		01:04:45	01:02:51	<b>03:11:36</b>
3.	Kevin Meyer	1982	m	Triahas VfL Bad Arolsen		01:03:12	01:08:45	01:02:48	<b>03:14:47</b>
4.	Benjamin Schareina	1981	m	TSV Niederelsungen		01:07:55	01:08:12	01:07:11	<b>03:23:19</b>
5.	Johannes Schön	1985	m	TG Wehlheiden		01:11:22	01:06:25	01:05:56	<b>03:23:45</b>
6.	René Trommer	1980	m		01:09:42	(01:10:19)	01:08:35	01:09:26	<b>03:27:44</b>
7.	Christian Bachmann	1980	m	Kassel	(01:16:16)	01:15:50	01:14:50	01:12:37	<b>03:43:18</b>
8.	Manuel Allschinger	1979	m	KSV Baunatal	01:16:55	01:15:59	01:14:17	()	<b>03:47:13</b>
9.	Morris Kurte	1987	m	TV 08 Bergheim	01:20:31		01:19:01	01:15:50	<b>03:55:23</b>
10.	Daniel Giese	1981	m	TV 08 Bergheim	01:17:58	01:20:44	01:20:20	()	<b>03:59:03</b>
<b>Senioren M40</b>									
1.	Michael Wagner	1976	m	PSV Grün-Weiß Kassel	00:59:34	01:02:31	00:58:51	()	<b>03:00:56</b>
2.	Uwe Alheid	1969	m	TSV Ippinghausen	01:01:22	01:02:56	01:03:02	()	<b>03:07:21</b>
3.	Roland Schröder	1969	m	KSV Baunatal	01:02:04	01:03:48	01:04:55	()	<b>03:10:48</b>
4.	Björn Wichart	1972	m	Laufteam Kassel	01:06:08	01:07:03	01:06:37	()	<b>03:19:50</b>
5.	Christian Stief	1971	m	TG Wehlheiden		01:06:59	01:07:27	01:05:27	<b>03:19:54</b>
6.	Ulli Lattek	1973	m	TSV Obervorschütz	01:07:07	01:08:25	01:08:47	()	<b>03:24:20</b>
7.	Stephan Bremmer	1974	m	TSV Eintracht Waldeck	01:06:03	01:11:03		01:10:48	<b>03:27:55</b>

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AKPI	Name	Jahrg.	m/w	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Gesamt
8.	Florian Schwabe	1975	m	Laufteam Wolfhagen	01:06:54	01:11:47		01:12:15	<b>03:30:58</b>
9.	Christoph Meyer	1977	m	TV 08 Bergheim	01:10:48	01:10:22	01:10:36	()	<b>03:31:47</b>
10.	Frank Hansmann	1972	m	Warburger SV	01:11:12		01:11:42	01:10:36	<b>03:33:31</b>
11.	Karsten Geiersbach	1969	m	TSV Niederelsungen	01:11:41	(01:14:24)	01:13:22	01:10:58	<b>03:36:01</b>
12.	Carsten Franke	1975	m	TSV Ippinghausen	01:10:40	(01:15:00)	01:13:13	01:12:48	<b>03:36:41</b>
13.	Karsten Ledderhose	1972	m	TSV Deute	01:11:05	01:13:55		01:22:24	<b>03:47:24</b>
14.	Matthias Hilmes	1973	m	TSV Heiligenrode	01:18:53		01:20:49	01:18:45	<b>03:58:28</b>
15.	René Onimischewski	1977	m			01:21:39	01:22:37	01:14:29	<b>03:58:46</b>
16.	Karsten Müller	1970	m	TSV Niederelsungen	01:21:51	01:21:35	01:21:44	()	<b>04:05:11</b>
17.	Marcus Winning	1973	m	TSV Niederelsungen	01:20:36	01:24:19	01:21:58	()	<b>04:06:54</b>
18.	Martin Bühner	1978	m	TSV Naumburg	01:26:18	01:26:25		01:18:32	<b>04:11:16</b>
19.	Andre Jablonski	1975	m	Warburger SV	01:23:11	01:29:54	01:31:42	()	<b>04:24:48</b>
20.	Andreas Krug	1973	m	TSV Heiligenrode	01:33:04	01:30:02	01:28:58	()	<b>04:32:05</b>
21.	Stephan Oppelt	1970	m	Eintracht Frankfurt		01:32:27	01:31:53	01:27:54	<b>04:32:15</b>
22.	Bernd Kornemann	1973	m	TSV Niederelsungen	01:36:39	01:38:38	01:30:36	()	<b>04:45:55</b>

### Senioren M50

1.	Mario Lopez	1964	m	KSV Baunatal	01:06:14	01:08:19	(01:08:39)	01:05:54	<b>03:20:28</b>
2.	Andreas Illing	1966	m	MT Melsungen	01:06:38	01:07:16		01:06:34	<b>03:20:29</b>
3.	Gerhard Kupjetz	1963	m	TSV Goddelsheim	01:09:05	01:10:16	01:09:43	(01:11:43)	<b>03:29:05</b>
4.	Steffen Dietrich	1963	m	KSV Baunatal	01:09:47	01:10:04	01:10:08	(01:11:17)	<b>03:30:01</b>
5.	Stefan Clodt	1966	m	Tri Team-Fuldatal	(01:14:30)	01:10:21	01:11:24	01:09:42	<b>03:31:27</b>
6.	Norbert Arend	1961	m	Tuspo Borken		01:12:53	01:10:30	01:12:44	<b>03:36:08</b>
7.	Axel Emde	1966	m	MC Höringhausen eV		01:17:14	01:16:15	01:12:43	<b>03:46:12</b>
8.	Jens Werrbach	1968	m	TG Wehlheiden	01:16:20	01:17:30	01:17:22	()	<b>03:51:13</b>
9.	Klaus Pfeifer	1961	m	SG 1898 Chattengau	01:17:43	(01:19:00)	01:17:52	01:16:40	<b>03:52:16</b>
10.	Mark Breiding	1964	m	Homberg Ren(n)tiere	01:16:56	01:18:39	01:17:43	()	<b>03:53:20</b>
11.	Arno Müller	1962	m	TSV Dörnberg	(01:20:11)	01:19:33	01:19:53	01:17:43	<b>03:57:10</b>
12.	Klaus Feike	1965	m	SV Rennertehausen	01:19:37	01:20:54	01:21:48	()	<b>04:02:20</b>
13.	Jan Franzke	1966	m	TG Wehlheiden		01:22:47	01:21:35	01:22:24	<b>04:06:47</b>
14.	Horst Begemann	1959	m	TG Wehlheiden	01:22:09		01:23:28	01:22:25	<b>04:08:03</b>
15.	Michael Engelhardt	1965	m	Posaunerchor Baunatal	01:24:14	01:28:18		01:28:15	<b>04:20:47</b>
16.	Dirk Heinzerling	1967	m	LC Marathon Rotenburg	01:27:08		01:30:31	01:30:31	<b>04:28:11</b>

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AKPI	Name	Jahrg.	m/w	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Gesamt
17.	Hubertus Alheid	1965	m	TSV Ippinghausen	01:29:01	01:30:20	01:29:19	()	<b>04:28:40</b>
18.	Frank Schölzchen	1965	m	LC Marathon Rotenburg	01:31:13	01:31:06	01:36:02	(01:37:39)	<b>04:38:22</b>
19.	Martin Modes	1962	m	MT Melsungen	01:34:15	01:36:44	(01:37:54)	01:33:48	<b>04:44:48</b>
20.	Ralf Zimmermann	1961	m	Speedy Gonzales	01:42:28		01:42:11	01:46:52	<b>05:11:32</b>

### Senioren M60

1.	Bernd Mehring	1956	m	SV Blau Weiß Dodenhausen		01:10:08	01:11:48	01:09:03	<b>03:30:59</b>
2.	Helmut Kleinmann	1957	m	Tuspo Borken	01:12:36	01:14:15	01:13:43	()	<b>03:40:34</b>
3.	Helmut Osman	1958	m	LG Vellmar	01:12:32	01:14:08	01:17:01	()	<b>03:43:42</b>
4.	Ulrich Grünwald	1954	m	Homburg Ren(n)tiere	01:24:33	01:26:30	01:26:37	()	<b>04:17:41</b>
5.	Bernhard Merges	1957	m	TSV Deute	01:42:40	01:46:18	(01:50:15)	01:48:33	<b>05:17:33</b>
6.	Albert Breuer	1954	m	TV 08 Bergheim/Team Erdinger alkoholfrei	01:47:39	01:45:24	(01:54:18)	01:46:16	<b>05:19:20</b>

### Senioren M65

1.	Hermann-Josef Scholz	1949	m	Warburger SV	01:30:25		01:49:00	01:33:07	<b>04:52:33</b>
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### Senioren M75

1.	Dieter Reich	1942	m	FTSV Heckershausen	01:39:16		01:41:36	01:42:13	<b>05:03:07</b>
2.	Horst Hilmes	1940	m	TSV Heiligenrode	02:07:57	02:12:00	02:10:00	(02:14:20)	<b>06:29:57</b>

### männliche Jugend U18

1.	Mattis Hüppe	2002	m	TSV Niederelsungen	01:00:10	(01:02:50)	01:02:10	00:59:11	<b>03:01:32</b>
2.	Paul Geiersbach	2002	m	TSV Niederelsungen	(01:06:19)	01:04:50	01:05:19	01:04:55	<b>03:15:04</b>

Anzahl Teilnehmer: 91