

24. Winterlaufserie TSV Ippinghausen Endergebnis 15 km

Ergebnisliste AK

AKPI	Startnr.	Name	Jahrg.	m/w	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Gesamt
3 x 15km										
w										
Frauen										
1.	87	Tamika Beyer	1987	w	LC Marathon Rotenburg	01:15:02	01:11:43		01:12:33	03:39:18
Seniorinnen W30										
1.	88	Anja Huth	1986	w	LC Marathon Rotenburg	01:07:48	01:06:36		01:08:26	03:22:50
2.	156	Kristina Biel	1985	w	KSV Baunatal	01:09:30	01:08:12	(01:14:24)	01:07:33	03:25:15
3.	90	Kerstin Weltner	1977	w	Laufteam Wolfhagen	01:12:07	01:11:39	01:16:04	()	03:39:50
4.	137	Carolin Comtesse	1985	w	TSV Obervorschütz	01:17:59	01:16:46		01:18:38	03:53:23
5.	27	Iris Seumer	1978	w	TSV Ippinghausen	01:35:06	01:31:54	(01:36:22)	01:32:36	04:39:36
6.	26	Sarah Eichler	1983	w		01:35:06	01:31:55	(01:36:21)	01:32:45	04:39:46
Seniorinnen W40										
1.	188	Daniela Hildebrandt	1970	w	TSV Obervorschütz	01:10:04	01:07:40		01:09:40	03:27:24
2.	8	Julia Arnold	1972	w	TSV Niederelsungen	01:10:21	01:09:49	01:16:04	()	03:36:14
3.	97	Petra Hellwig	1969	w	LT Bad Arlosen	(01:17:11)	01:15:02	01:16:12	01:14:46	03:46:00
4.	109	Nicol Eisel	1973	w	Homberg Ren(n)tiere	01:14:10	01:16:56		01:16:56	03:48:02
5.	9	Elisabeth Kramarczyk	1969	w	TSV Niederelsungen	01:19:22	01:17:37		01:18:24	03:55:23
6.	119	Angela Rohr	1973	w	TG Wehlheiden	01:15:30		01:24:26	01:15:50	03:55:46
7.	140	Jean Lamperski	1972	w	TSV Korbach	01:20:51	01:20:47	01:27:04	()	04:08:42
8.	42	Evelyn Verch	1971	w	TV 08 Bergheim	01:23:52	01:23:17	(01:34:51)	01:22:07	04:09:16
9.	34	Heike Kabella	1967	w		01:26:22	01:28:48	01:29:40	()	04:24:50
10.	144	Sandra Bennecke	1971	w	LG Kaufungen	01:25:48	01:27:19	01:32:16	()	04:25:23
11.	153	Yvonne Lahme	1976	w	KSV Baunatal	01:28:30	01:29:16	01:34:02	()	04:31:48
Seniorinnen W50										
1.	104	Karin Schlecht	1964	w	TSV Obervorschütz	01:28:47	01:26:18		01:25:45	04:20:50
2.	84	Heike Banschbach	1965	w	MT Melsungen	01:29:02	01:28:22		01:27:14	04:24:38
3.	39	Eva Lassak	1959	w	KSV Baunatal	01:27:46	01:30:11	(01:36:25)	01:27:34	04:25:31

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Seniorinnen W65										
1.	182	Inge Jünemann	1947	w	TSV Altmorschen	01:49:40	01:54:17		01:59:06	05:43:03
weibliche Jugend U 20										
1.	85	Evamarie Banschbach	1997	w	MT Melsungen	01:24:04	(01:26:53)	01:25:46	01:19:11	04:09:01
m										
Männer										
1.	169	Carl Daniel Mittelbach	1989	m	Tri Team Hagen		00:54:56	00:56:52	00:54:10	02:45:58
2.	157	Bastian Schalk	1990	m		00:58:24	00:59:01	(01:01:32)	00:58:58	02:56:23
3.	47	Kevin Jan Trebing-Hild	1987	m	Habichtswald	01:02:46	01:01:35	(01:04:17)	01:00:05	03:04:26
4.	206	Martin Mohrdieck	1988	m	SG Stern Bremen " Deadpool"		01:05:00	01:06:25	01:06:52	03:18:17
5.	4	Simon Lippe	1991	m	TSV Ippinghausen	01:08:28	01:10:05		01:16:08	03:34:41
Senioren M30										
1.	105	Thorsten Vackiner	1983	m	SV Blau Weiß Dodenhausen	00:56:52	00:55:40	(00:58:56)	00:54:46	02:47:18
2.	49	Stefan Rusche	1982	m		00:57:29	00:57:08		00:57:00	02:51:37
3.	129	Marcus Duerr	1981	m	SG Chattengau 1898	01:02:02		01:07:21	01:02:19	03:11:42
4.	78	Christian Homburg	1978	m	Team Sommerburg	01:05:50	01:07:27	01:06:11	()	03:19:28
5.	166	Yonas Mogos Haile	1983	m	Grenzen überwinden	01:07:41	01:06:01	01:13:41	()	03:27:23
6.	107	Guido Wagner	1979	m	LSG Zierenberg	01:15:23	01:11:16	01:15:36	()	03:42:15
7.	32	Tim Kuhlmann	1981	m	KSV Baunatal	01:11:38		01:17:30	01:13:41	03:42:49
8.	164	Uwe Meyer	1977	m	TSV Freienhagen		01:25:00	01:32:51	01:27:27	04:25:18
Senioren M40										
1.	114	Holger Gumbel	1968	m	TSV Obervorschütz	01:04:41	01:06:26	(01:08:41)	01:02:32	03:13:39
2.	115	Roland Schröder	1969	m	KSV Baunatal	01:03:43		01:08:35	01:02:57	03:15:15
3.	220	Oliver Schmid-Schallehn	1972	m	Jungfernkopf Kassel	01:04:15	01:04:07	01:07:32	()	03:15:54
4.	101	Torsten Würtz	1968	m	LG Kaufungen	01:04:10		01:08:51	01:04:11	03:17:12
5.	62	Christian Stief	1971	m	TG Wehlheiden	01:07:22	01:05:29	(01:10:28)	01:04:58	03:17:49
6.	122	Peter Hildebrand	1969	m	TSV Obervorschütz	01:10:04	01:07:41		01:09:41	03:27:26
7.	58	Olaf Thiel	1969	m	SG 1898 Chattengau	01:07:28	01:08:24		01:13:59	03:29:51

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8.	10	Karsten Geiersbach	1969	m	TSV Niederelsungen	01:10:24	01:10:48	(01:17:04)	01:11:37	03:32:49
9.	35	Frank Hansmann	1972	m	Warburger SV	01:12:12		01:14:03	01:07:57	03:34:12
10.	224	Rolf Langefeld	1967	m			01:11:32	01:12:29	01:11:09	03:35:10
11.	23	Carsten Franke	1975	m	TSV Ippinghausen	01:10:59		01:16:59	01:10:32	03:38:30
12.	37	Bernd Engemann	1972	m	Naumburg	01:14:10	01:11:10	01:15:20	()	03:40:40
13.	67	Michael Koester	1973	m	Läufer 2014	01:19:15	01:16:32	(01:22:06)	01:05:20	03:41:07
14.	48	Lars Bubenheim	1972	m	KSV Baunatal	01:14:02	01:13:27	01:17:29	()	03:44:58
15.	11	Marcus Wining	1973	m	TSV Niederelsungen	01:15:24	01:16:02		01:14:06	03:45:32
16.	36	Richard Hartinger	1973	m	Warburger SV	01:18:34		01:19:54	01:14:05	03:52:33
17.	25	Heiko Ruzicka	1970	m	Laufteam Wolfhagen	01:20:10	01:18:18	(01:20:52)	01:14:57	03:53:25
18.	52	Marco Wacker	1972	m	Laufjunkies	01:19:53	01:17:27	01:24:57	()	04:02:17
19.	159	Andre Jablonski	1975	m	Warburger SV	01:21:42	01:18:09	(01:26:58)	01:22:58	04:02:49
20.	53	Alexander Hutse	1969	m	TV 08 Bergheim	01:24:06	01:22:05	01:25:38	()	04:11:49
21.	45	Dietmar Hagemann	1970	m	TV 03 Breitenbach	(01:28:03)	01:25:13	01:25:56	01:21:49	04:12:58
22.	154	Günther Lahme	1972	m	KSV Baunatal	01:28:30	01:29:16	(01:34:03)	01:16:49	04:14:35
23.	163	Stefan Krämer	1973	m	TG Wehlheiden		01:24:49	01:31:59	01:25:59	04:22:47
24.	209	Karsten Müller	1970	m	TSV Niederelsungen	01:32:36	01:35:50	01:35:43	()	04:44:09

Senioren M50

1.	207	Thomas Lindner	1962	m	LAG Wesertal		01:00:30	01:03:41	01:01:38	03:05:49
2.	50	Jörg Deichmann	1966	m	TSV Dörnberg	01:01:52		01:04:19	01:01:39	03:07:50
3.	148	Andreas Illing	1966	m	MT Melsungen	01:06:57	01:06:30	(01:07:35)	01:05:21	03:18:48
4.	127	Wolfgang von Hagen	1961	m	SC Borchen	01:07:09	01:08:06	(01:09:36)	01:06:12	03:21:27
5.	91	Rainer Bettermann	1964	m	Warburger SV	01:07:33	01:07:45	(01:09:44)	01:07:20	03:22:38
6.	146	Markus Feld	1964	m	FTSV Heckershausen	01:08:27	01:07:08	(01:09:26)	01:07:25	03:23:00
7.	185	Uwe Schmidt	1959	m	Tuspo Borken		01:07:42	01:06:00	01:11:11	03:24:53
8.	68	Gerhard Kupjetz	1963	m	TSV Goddelsheim	01:11:15	01:08:54	01:12:47	()	03:32:56
9.	200	Jörg Bennecke	1966	m	LG Kaufungen		01:13:33	01:11:50	01:07:34	03:32:57
10.	41	Stefan Clodt	1966	m	Tri Team-Fuldatal	01:11:31	01:10:54	01:12:13	(01:15:15)	03:34:38
11.	77	Bernd Schneider	1966	m	Wolfhagen	01:13:57	01:12:42	(01:14:39)	01:11:01	03:37:40
12.	139	Uwe Rehor	1963	m	Tuspo Borken	01:15:53	01:13:19		01:13:54	03:43:06
13.	116	Michael Keil	1964	m	TSV Urfftal 08	01:14:39	01:16:16	(01:22:45)	01:15:28	03:46:23
14.	83	Wolfram Genuit	1959	m	Homburg	01:17:00	01:16:48	(01:21:34)	01:17:06	03:50:54

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15.	103	Michael Schlecht	1961	m	TSV Obervorschütz	01:19:15	01:18:16		01:18:53	03:56:24
16.	160	Klaus Feike	1965	m		(01:22:07)	01:18:49	01:21:07	01:18:01	03:57:57
17.	89	Wolfgang Schaake	1962	m	TSV Niederelsungen	01:21:45	01:16:17	01:20:48	()	03:58:50
18.	70	Friedhelm Welker	1962	m	Zierenberg	01:17:21		01:24:08	01:19:04	04:00:33
19.	201	Peter Englert	1957	m			01:15:44	01:24:11	01:20:45	04:00:40
20.	121	Peter Hagenow	1966	m	Läufer 2014	01:19:52	01:19:44	01:21:23	()	04:00:59
21.	16	Wilfried Härtel	1959	m	TSV Ippinghausen	01:22:05	01:20:15	01:24:09	()	04:06:29
22.	38	Gerd Kühlewind	1960	m	KSV Baunatal	(01:34:44)	01:25:20	01:33:08	01:21:31	04:19:59
23.	81	Klaus Poppenhäger	1961	m		01:28:08	01:27:00	01:29:07	()	04:24:15
24.	86	Martin Modes	1962	m	MT Melsungen	01:23:46	01:28:43	01:34:06	()	04:26:35
25.	158	Peter Dingerkus	1961	m	Warburger SV	01:31:11	01:26:51	(01:39:00)	01:29:06	04:27:08
26.	30	Christian Semelink	1960	m	Warburger SV	01:31:06	01:29:42	01:32:28	()	04:33:16
27.	22	Walter Fiebig	1959	m	LSG Zierenberg	01:33:24	01:30:34	(01:38:23)	01:30:25	04:34:23
28.	147	Rainer Lipphardt	1964	m	Fuldabrück	01:29:19		01:35:18	01:31:34	04:36:11

Senioren M60

1.	98	Bernd Mehring	1956	m	SV Blau Weiß Dodenhausen	01:10:26	01:08:21		01:10:28	03:29:15
2.	59	Günter Lehmann	1956	m	TV 08 Bergheim	01:14:57	01:14:18	(01:18:02)	01:16:07	03:45:22
3.	96	Fritz-Ulrich Bodewald	1952	m	TSV Holzhausen	01:29:38	01:21:45	01:24:10	()	04:15:33
4.	74	Johannes Disselhorst	1954	m	Oranje Boven	01:24:06	01:35:16	01:28:19	()	04:27:41
5.	65	Wolfgang Holzer	1954	m	Tuspo Borken	01:38:25	01:31:59		01:32:50	04:43:14
6.	155	Albert Breuer	1954	m	TV 08 Bergheim	01:37:20	01:35:43	(01:44:22)	01:41:57	04:55:00

Senioren M65

1.	151	Hermann Josef Scholz	1949	m	Warburger SV	01:20:29	01:21:22	(01:27:14)	01:23:03	04:04:54
2.	199	Ortwin Stein	1949	m	TV 08 Bergheim		01:27:59	01:30:52	01:24:28	04:23:19
3.	76	Walter Strampp	1949	m	Laufschule Kassel	01:32:52	01:33:31		01:35:22	04:41:45

Senioren M70

1.	95	Ulrich Matt	1943	m	TSV Obervorschütz	01:29:37	01:28:42	01:39:23	()	04:37:42
2.	33	Dieter Reich	1942	m	TSV Heckershausen	01:31:20	01:35:30	01:38:35	(01:40:27)	04:45:25

Senioren M75

1.	64	Horst Hilmes	1940	m	TSV Heiligenrode	02:04:16	02:06:29	(02:10:00)	02:05:32	06:16:17
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Senioren M80										
1.	79	Alfred Böhm	1936	m	Laufteam Wolfhagen	01:33:39	01:32:50	(01:39:12)	01:34:49	04:41:18
männliche Jugend U20										
1.	92	Nils Bergmann	1998	m	PSV Grün-Weiß Kassel	01:01:38	01:04:59		01:00:31	03:07:08

Anzahl Teilnehmer: 102