

## 23. Winterlaufserie TSV Ippinghausen Endergebnis 15 km

### Ergebnisliste AK

AKPI	Startnr.	Name	Jahrg.	m/w	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Gesamt
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#### 3 x 15km

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#### Frauen

1.	119	Anja Huth	1986	w	LC Marathon Rotenburg	01:09:38	01:10:04		01:08:27	<b>03:28:09</b>
2.	63	Vanessa Isaak	1989	w	Laufen gegen Krebs FKB	01:27:15	01:22:27	01:21:39	()	<b>04:11:21</b>

#### Seniorinnen W30

1.	8	Kerstin Weltner	1977	w	Laufteam Wolfhagen	01:11:16	01:11:28		01:12:55	<b>03:35:39</b>
2.	152	Christine Ehrig	1982	w	TSG Schlitz	01:13:47	01:12:28	01:15:21	()	<b>03:41:36</b>
3.	232	Martina Rinteln	1976	w	Warburgern SV		01:16:05	01:18:34	01:15:32	<b>03:50:11</b>
4.	138	Carolin Comtesse	1985	w	TSV Obervorschütz	01:20:22		01:23:38	01:19:32	<b>04:03:32</b>
5.	234	Christin May	1980	w	LG Kaufungen		01:23:18	01:22:45	01:23:30	<b>04:09:33</b>
6.	46	Iris Seumer	1978	w	TSV Ippinghausen	01:26:05	01:24:50		01:26:49	<b>04:17:44</b>
7.	45	Sarah Eichler	1983	w	TSV Ippinghausen	01:26:04	01:25:44		01:26:48	<b>04:18:36</b>

#### Seniorinnen W40

1.	142	Tanja Nehme	1968	w	PSV Grün-Weiß Kassel	01:05:49	01:03:46	01:08:11	()	<b>03:17:46</b>
2.	163	Julia Arnold	1972	w	TSV Niederelsungen	(01:26:55)	01:17:23	01:17:33	01:11:28	<b>03:46:24</b>
3.	130	Jean Lamperski	1972	w	TSV Korbach	01:17:16	01:15:17		01:17:50	<b>03:50:23</b>
4.	229	Johanna Alpermann	1975	w	LG Kaufungen		01:16:39	01:20:07	01:14:25	<b>03:51:11</b>
5.	157	Elisabeth Kramarczyk	1969	w	TSV Niederelsungen	01:19:27	01:17:12	(01:19:32)	01:17:20	<b>03:53:59</b>
6.	113	Alexandra Tschenschner	1968	w	LG Blütenweg	01:18:15	01:16:24	01:19:27	()	<b>03:54:06</b>
7.	104	Manuela Schmoll	1969	w	SG Chattengau	01:19:45	01:17:34		01:18:52	<b>03:56:11</b>
8.	61	Nicol Eisel	1973	w	Homburg Ren(n)tiere	01:21:44	01:19:23		01:18:24	<b>03:59:31</b>
9.	126	Silke Stief	1974	w	TG Wehlheiden	01:21:16	01:22:10	(01:25:28)	01:22:50	<b>04:06:16</b>
10.	109	Iris Walker	1969	w	LG Züschen	01:24:19	01:22:04	01:22:49	()	<b>04:09:12</b>
11.	236	Sandra Bennecke	1971	w	LG Kaufungen		01:24:58	01:27:43	01:21:42	<b>04:14:23</b>
12.	24	Sonja Schuß	1972	w	TSV Obervorschütz	01:24:30	01:22:56	01:29:18	()	<b>04:16:44</b>
13.	172	Beate Semelink	1966	w	WSV 1884 Warburg		01:30:53	01:30:50	01:28:45	<b>04:30:28</b>
14.	59	Carmen Simmen	1966	w	Homburg Ren(n)tiere	01:33:01	01:29:10	01:38:43	()	<b>04:40:54</b>

#### Seniorinnen W50

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AKPI	Startnr.	Name	Jahrg.	m/w	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Gesamt
1.	231	Filiz Elüstü	1963	w	Warburger Sv		01:26:32	01:27:49	01:28:15	<b>04:22:36</b>
2.	76	Heike Banschbach	1965	w	MT Melsungen	01:33:51	(01:38:34)	01:36:37	01:32:57	<b>04:43:25</b>

### Seniorinnen W60

1.	114	Ulli Wernhard	1954	w	PSV Grün-Weiß Kassel	01:25:34	01:23:47	01:28:34	()	<b>04:17:55</b>
2.	23	Elke Bollerhey	1952	w	Laufteam Wolfhagen	01:26:57	01:25:48	01:27:30	()	<b>04:20:15</b>

### weibliche Jugend U 20

1.	155	Nina Engelhard	1996	w	PSV Grün-Weiß Kassel	01:02:51	01:02:38		01:05:29	<b>03:10:58</b>
2.	77	Evamarie Banschbach	1997	w	MT Melsungen	01:33:39	(01:38:33)	01:34:23	01:32:52	<b>04:40:54</b>

### m

### Männer

1.	72	Jonas Godduhn	1993	m	TSV Obervorschütz	01:07:29	01:04:57	01:05:21	()	<b>03:17:47</b>
2.	202	Kevin Hild	1987	m	-		01:11:08	01:11:55	01:05:13	<b>03:28:16</b>
3.	185	Philipp Metzger	1992	m	Laufteam Wolfhagen		01:13:01	01:09:33	01:12:47	<b>03:35:21</b>
4.	54	Jan Plutz	1989	m	TSV Freienhagen	01:13:06		01:15:10	01:10:29	<b>03:38:45</b>
5.	3	Simon Lippe	1991	m	TSV Ippinghausen	(01:22:02)	01:21:19	01:14:05	01:21:00	<b>03:56:24</b>
6.	4	Maurice Knobel	1990	m	TSV Bründersen	01:26:11	01:20:13		01:18:29	<b>04:04:53</b>
7.	39	Steven Dickmann	1986	m	Läufer 2014	01:29:42		01:31:01	01:27:58	<b>04:28:41</b>

### Senioren M30

1.	147	Felix Kaiser	1976	m	PSV Grün-Weiß Kassel	00:55:19		00:58:40	00:55:19	<b>02:49:18</b>
2.	123	Thorsten Vackiner	1983	m	SV Blau Weiß Dodenhausen	00:57:33	00:55:41	01:00:11	()	<b>02:53:25</b>
3.	140	Normen Stiebig	1977	m	SV Blau Weiß Dodenhausen	00:59:13		01:01:05	00:57:24	<b>02:57:42</b>
4.	169	Stefan Rusche	1982	m	TSV Zierenberg		00:58:59	01:03:10	00:57:57	<b>03:00:06</b>
5.	101	Marcus Duerr	1981	m	SG Chattengau	01:04:51	01:02:36	01:04:27	()	<b>03:11:54</b>
6.	88	Michael Bachmann	1983	m	LTV Obereichsfeld	01:10:48	01:08:45	01:11:59	()	<b>03:31:32</b>
7.	66	Nico Schlordt	1980	m	KSV Baunatal	01:17:26	01:05:37	01:09:16	()	<b>03:32:19</b>
8.	151	Steffen Schulz	1981	m	TSG Steglitz	01:14:19		01:18:13	01:14:22	<b>03:46:54</b>
9.	67	Tim Kuhlmann	1981	m	KSV Baunatal	01:14:37		01:19:28	01:15:27	<b>03:49:32</b>
10.	13	Ingmar Kahlhöfer	1977	m	TSV Schmillinghausen	01:19:40	01:25:22	01:22:36	()	<b>04:07:38</b>

### Senioren M40

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AKPI	Startnr.	Name	Jahrg.	m/w	Verein	Lauf1	Lauf2	Lauf3	Lauf4	Gesamt
1.	196	Tobias Henne	1975	m	PSV Grün-Weiß Kassel	00:56:32	00:54:52		00:56:11	<b>02:47:35</b>
2.	28	Ralf Paulus	1968	m	SV Dodenhausen	01:01:09		01:03:58	01:01:43	<b>03:06:50</b>
3.	118	Uwe Alheid	1969	m	TSV Bründersen	01:03:25	01:03:35	(01:05:23)	01:02:31	<b>03:09:31</b>
4.	95	Torsten Würtz	1968	m	LG Kaufungen	01:04:45	01:03:50		01:03:58	<b>03:12:33</b>
5.	136	Peter Gnüchtel	1969	m	DUV Züschen	01:04:36	01:05:53	(01:09:31)	01:06:00	<b>03:16:29</b>
6.	128	Roland Schröder	1969	m	KSV Baunatal	01:06:55		01:04:59	01:04:56	<b>03:16:50</b>
7.	166	Christian Stief	1971	m	TG Wehlheiden		01:06:40	01:09:09	01:05:25	<b>03:21:14</b>
8.	235	Jörg Benenecke	1966	m	LG Kaufungen	01:07:19	01:07:15	(01:09:52)	01:07:09	<b>03:21:43</b>
9.	9	Florian Schwabe	1975	m	Laufteam Wolfhagen	01:08:53		01:09:47	01:07:58	<b>03:26:38</b>
10.	96	Frank Rudolph	1969	m	WVC Triathlon Kassel	01:09:37		01:10:28	01:07:14	<b>03:27:19</b>
11.	73	Ulli Lattek	1973	m	TSV Obervorschütz	01:11:06	01:11:53	(01:13:47)	01:08:23	<b>03:31:22</b>
12.	197	Jan Kleeb	1971	m	TV Friedrichstein		01:14:19	01:13:14	01:10:41	<b>03:38:14</b>
13.	233	Steffen May	1974	m	LG Kaufungen		01:11:32	01:15:01	01:12:26	<b>03:38:59</b>
14.	68	Olaf Thiel	1969	m	SG Chattengau	01:13:39	01:14:42	(01:15:54)	01:10:57	<b>03:39:18</b>
15.	161	Karsten Geiersbach	1969	m	TSV Niederelsungen	01:11:58		01:15:40	01:14:12	<b>03:41:50</b>
16.	103	Markus Erdmann	1973	m	SG Chattengau	01:15:33	01:14:11	(01:15:48)	01:13:53	<b>03:43:37</b>
17.	167	Carsten Franke	1975	m	TSV Ippinghausen	01:17:58	01:13:04	(01:19:35)	01:15:54	<b>03:46:56</b>
18.	154	Andre Jablonski	1975	m	Warburger Sv	01:16:54	01:16:57	01:20:43	(01:21:15)	<b>03:54:34</b>
19.	12	Peter Heckelsmüller	1969	m	TSV Naumburg	01:19:58	01:18:06	01:18:36	()	<b>03:56:40</b>
20.	158	Marcus Winning	1973	m	TSV Niederelsungen	01:15:47	01:20:08	01:20:52	()	<b>03:56:47</b>
21.	36	Peter Hagenow	1966	m	Läufer 2014	01:20:02		01:29:13	01:21:17	<b>04:10:32</b>
22.	34	Stephan Oppelt	1970	m	Eintracht Frankfurt	01:24:06	01:23:26	(01:29:11)	01:23:17	<b>04:10:49</b>
23.	35	Oliver Kurz	1970	m	Läufer 2014	01:25:25		01:21:27	01:24:11	<b>04:11:03</b>
24.	262	Michael Koester	1973	m	Läufer 2014	01:29:48		01:27:06	01:16:24	<b>04:13:18</b>
25.	14	Hendrik Kahlhöfer	1975	m	TSV Schmillinghausen	(01:36:27)	01:25:24	01:29:22	01:26:25	<b>04:21:11</b>

### Senioren M50

1.	10	Herbert Wilke	1960	m	TSV 1850/09 Korbach	01:00:00	01:00:32	01:03:34	()	<b>03:04:06</b>
2.	148	Thorsten Strack	1964	m	Chasalla	(01:06:28)	01:04:32	01:06:25	01:03:40	<b>03:14:37</b>
3.	139	Bernd Mehring	1956	m	SV Blau Weiß Dodenhausen	01:05:10	01:06:56	01:08:42	(01:10:06)	<b>03:20:48</b>
4.	48	Dirk Wiederhold	1964	m	Renntiere Homberg	01:09:08	01:06:28		01:08:19	<b>03:23:55</b>
5.	69	Gerhard Kupjetz	1963	m	TSV Goddelsheim	01:09:40	01:09:25	01:10:09	()	<b>03:29:14</b>
6.	106	Helmut Osman	1958	m	LG Vellmar	01:09:00	01:08:40	(01:13:02)	01:12:13	<b>03:29:53</b>
7.	194	Herman van Kammen	1965	m	KSV Baunatal	01:12:39	01:11:56		01:10:07	<b>03:34:42</b>

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8.	238	Klaus Feike	1965	m	SV Rennertehausen		01:10:17	01:11:38	01:13:17	<b>03:35:12</b>
9.	133	Thomas Schneider	1964	m	KSV Baunatal	01:12:54	01:11:59	(01:13:30)	01:10:44	<b>03:35:37</b>
10.	173	Hans-Jürgen Stößer	1963	m	Laufteam Edertal		01:12:24	01:15:05	01:12:43	<b>03:40:12</b>
11.	52	Günter Lehmann	1956	m	Laufteam Edertal	01:14:42		01:14:42	01:13:49	<b>03:43:13</b>
12.	17	Wolfram Genuit	1959	m	Homberg	(01:16:57)	01:16:16	01:16:43	01:15:18	<b>03:48:17</b>
13.	93	Ulrich Bachmann	1963	m	Die Hermänner	01:16:14	01:17:02	(01:17:27)	01:15:55	<b>03:49:11</b>
14.	5	Thomas Hensel	1964	m	Bründersen	01:16:44	01:15:52	01:17:47	()	<b>03:50:23</b>
15.	56	Mark Breiding	1964	m	Homberg Ren(n)tiere	01:18:05	01:17:43	01:18:00	()	<b>03:53:48</b>
16.	57	Klaus Simmen	1964	m	Homberg Ren(n)tiere	01:18:06	01:18:40	01:18:25	()	<b>03:55:11</b>
17.	192	Stephan Peppler	1959	m	LTV Obereichsfeld	01:19:56	01:15:51	01:20:04	()	<b>03:55:51</b>
18.	90	Peter Brede	1959	m	Die Hermänner	01:19:25	01:19:16		01:19:26	<b>03:58:07</b>
19.	40	Martin Modes	1962	m	MT Melsungen	01:21:54	01:22:46		01:19:49	<b>04:04:29</b>
20.	98	Klaus Pfeifer	1961	m	SG 1898 Chattengau	01:22:29		01:25:15	01:21:33	<b>04:09:17</b>
21.	178	Michael Engelhardt	1965	m	Posaunerchor Baunatal		01:29:44	01:26:19	01:22:46	<b>04:18:49</b>
22.	22	Wilfried Härtel	1959	m	TSV Ippinghausen	(01:43:22)	01:33:50	01:31:29	01:29:43	<b>04:35:02</b>
23.	225	Robert Thiele	1957	m	KSV Baunatal		01:42:12	01:45:42	01:45:33	<b>05:13:27</b>
24.	171	Christian Semelink	1960	m	WSV 1884 Warburg		01:45:57	01:45:36	01:57:10	<b>05:28:43</b>

### Senioren M60

1.	218	Martin Biskamp	1953	m	TSV Obervorschütz		01:08:50	01:09:23	01:09:56	<b>03:28:09</b>
2.	131	Kurt Jerchel	1951	m	LT Korbach	01:15:13	01:15:45		01:17:47	<b>03:48:45</b>
3.	134	Ulf Engelhardt	1955	m	KSV Baunatal	01:17:43	01:16:17		01:18:22	<b>03:52:22</b>
4.	79	Manfred Kurte	1954	m	LAG Wesertal	01:24:31	01:21:45	(01:25:05)	01:19:34	<b>04:05:50</b>
5.	47	Klaus Kraft	1955	m	KSV Baunatal	01:27:51	01:23:06	01:25:00	()	<b>04:15:57</b>
6.	37	Heinz Mey	1953	m	Läufer 2014	01:28:22		01:30:17	01:30:34	<b>04:29:13</b>
7.	33	Johannes Disselhorst	1954	m	Oranje Boven	01:30:21	01:34:38		01:32:26	<b>04:37:25</b>

### Senioren M65

1.	141	Reinhardt Gehrmann	1950	m	Ski-Club Meißner	01:17:34		01:18:57	01:17:08	<b>03:53:39</b>
2.	240	Hermann Scholz	1949	m	Warburger SV	(01:24:56)	01:21:07	01:24:49	01:24:44	<b>04:10:40</b>
3.	153	Helmut Arndt	1949	m	FSK Lohfelden	01:39:04	01:35:04		01:36:53	<b>04:51:01</b>

### Senioren M70

1.	78	Peter Orth	1943	m	LG Vellmar	01:20:20	01:18:12		01:24:22	<b>04:02:54</b>
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2.	41	Ulrich Matt	1943	m	TSV Obervorschütz	01:26:45	01:22:20		01:24:33	<b>04:13:38</b>
3.	19	Dieter Reich	1942	m	TSV Heckershausen	01:31:19	01:32:11	(01:35:09)	01:33:03	<b>04:36:33</b>

### Senioren M75

1.	85	Alfred Böhm	1936	m	Laufteam Wolfhagen	(01:33:19)	01:30:21	01:31:21	01:31:59	<b>04:33:41</b>
2.	265	Norbert Pasquay	1939	m	KSV Baunatal		01:36:06	01:35:31	01:36:08	<b>04:47:45</b>
3.	92	Horst Hilmes	1940	m	TSV Heiligenrode	02:05:30	02:06:26	(02:07:39)	02:07:29	<b>06:19:25</b>

### männliche Jugend U18

1.	97	Nils Bergmann	1998	m	PSV Grün-Weiß Kassel	01:04:24	01:07:36	01:05:32	()	<b>03:17:32</b>
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Anzahl Teilnehmer: 112